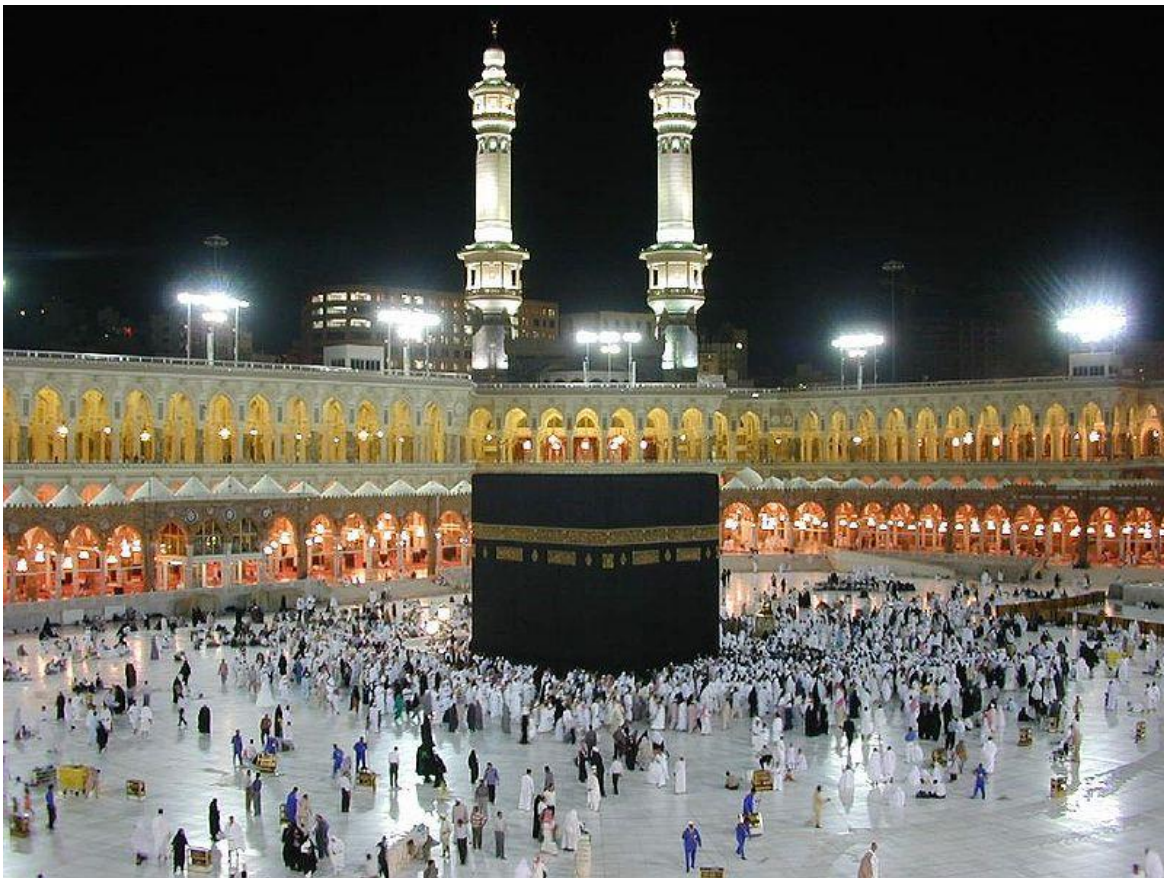


UMRAH QUICK GUIDE



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Umrah Preparation

- Make sure your Islamic Will is in order for a sample will go to <http://www.academyofislam.com/index.php/resourcess/services/services/491-islamic-will-sample>

- Keep a copy of your passport, itinerary, draft, vaccination book with you and one copy at home or in the cloud
- Take out sadaqah a few days before departure also take out sadaqah (alms) daily, even if it is a small amount.
- Ask for forgiveness from others and visit, call or write to people you interact with them or have dealt with in the past. Ask them to forgive you as you are headed to the Divine house at His invitation.

List of things to take

- Light prayer mat
- Money belt or you can take a small bag to wear on your chest.
- Ladies and Man Ihram: If men are planning to visit Madinah before going to Makkah you can buy it in Madinah; Ladies can wear their normal clothes as Ihram.
- Running shoes and white color sleepers to wear with Ihram (sleepers/sandals to wear in Ihram does not necessarily need to be white. For men, it is necessary that the front part remains open).
- Your Medication
- Snacks and more snacks.

Day of departure

- Perform Ghusl with niyyat starting your journey to Makkah / Madinah
- Recite the following dua before leaving home
O Allah, protect me and what is with me; grant safety to me and what is with me and, with your Bounteous and great help, make me and what is with me attain (my destination)

Throughout the trip try to occupy yourself by reciting a lot of Dhikr. Some of the recommended dhikrs are:

(a): Subhaanallahi, walHamdu lillah, wa-laa ilaaha illallaah, wallaahu akbar

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

(b) Allahumma swalli ‘alaa MuHammadiw- wa-aali MuHammad

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

(c) Astaghfirullahi wa-atubu ilayhi

أَسْتَغْفِرُ اللَّهَ رَبِّ وَأَتُوبُ إِلَيْهِ

(d) Laa Hawala walaa quwwata illaa billaahil-‘aliyil ‘Azeem

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

(e) Laa ilaaha illaa anta subHaanaka innee kuntu miaz-zaalimeen

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Madinah

As you see the city remember this is the city of the Prophet (s)¹ and you will be walking on the very places the prophet (s) and his family walked. It is to them you send your salaams and salawat to on every prayer.

Entering Masjidun Nabi - (For ladies there are entrances from Gates 13 A, B & C and 29 A, B & C near Janatul Baqi)

For men enter from Bab al-Salaam or any gate and recite the following permission to enter: O Allah! I am standing at the door of one of the house of your Prophet, peace be upon him and his family. May I enter O Prophet of Allah? May I enter O Proof of Allah? May I enter O Angels of Allah?

Enter with your right foot and recite 100 X Allahu Akber as you walk in. Recite 2 rakat Salat with the niyyat Tahiyyat al-Masjid.

Walk through the door and you will see a structure ahead and to the left. It is the Dharih, the nearest end it is the house of Bibi Fatima (a)², while further to the left is the grave of the Prophet (s). Recite the following Ziyarat of the Prophet (s):

Peace be upon you, O Messenger of Allah

Peace be upon you O Mohammad the son of Abd Allah

Peace be upon you O seal of the Prophets

Also recite the Ziyarat of Sayyida Fatima Zahraa (a) for there is a Hadith which states that she is buried in her own house:

Peace be upon you O daughter of the Prophet of Allah.

Recite two rakaat Salaah of Ziyarat. Standing there raise your hands and in Dua and ask Allah for your needs in the presence of the Prophet (s). Make Dua for others before asking for your wishes.

About the Dharih, - the enclosed section is divided it into 3. The first third near Bab-e-Jibrail is the house of Sayyida Fatima Zahra (a). It is reported she is buried there with her son Mohsin.

The middle portion is the house of the Prophet (s) and in the last portion is the house of Ayesha where Abu Bakr and Umar are buried.

In the middle portion it is said that there is the space for one grave - for Prophet 'Isaa (a) beside the Holy Prophet (s).

¹ Short for *Sallaahu 'alayhi wa-aalihi wa-sallam* – God's blessing be upon him and his family.

² Short for *'alayhas-salaam* – peace be upon her or *'alayhis-salaam* – peace be upon him.

Sufah (Platform) - Directly behind the Sayyida Fatima's house is a platform where a group of Prophet's followers called Ashabus Sufah used to stay. They were homeless.

The Mimbar - The original Mimbar was burnt and destroyed, as you proceed to the Mimbar try to rub your hands over the knobs and wiping your face and eyes. It is said that this is a cure for eyes. Prophet has been reported to have said that "one of the gardens of Janna lies between my grave and my Mimbar."

The Mihrab - There are 3 Mihrab in the Masjid. The one which marks the original Mihrab of the Prophets (s) is the one to the left of the Mimbar (directly behind the Mimbar was the house of Umme Salma).

Marble Platform - Opposite the Marble Mimbar is a platform about 7 feet high. This marks the height of the original mosque on whose roof Bilal used to give the Adhan.

Maqame Jibrail - This is where Jibrail used to stand when delivering Wahi (revelation) to Rasulullah (s).

Pillars - Three types of pillars in the Masjid.

1. Peach with golden edge on the bottom half - put up during the time of the Prophet pbuh and are part of the original Masjid. (They used to be palm trunks)
2. All Peach. These were built after the wafat of the Prophet pbuh.
3. Half peach and half white - These are the pillars of Riyadhul Janaa (The piece of paradise).

There are many more pillars and each carry its significances.

Other sites to visit in Madinah:

Jannatul Baqee - Baqee means garden. According to some Hadith Bibi Fatima Zahra (a) is also buried here. Our 2nd, 4th, 5th and the 6th Imams are buried here. Fatima Binte Asad (mother of Imam Ali (a)), Ummulbaneen (mother of Hazrat Abbas (a)) are also buried here. Nearly 7,000 of the Prophet's companions are buried here.

Masjid e Ghamama - It is here that the Prophet recited Salaatul Eid and Salaatul Istisqaa (salāt of rain) Also known as Masjid e Musalla.

Masjid Dhu Qiblatayn - It was here that the Prophet was given the order by Allah to change the qiblah from Baytul Muqaddas to Ka'ba.

Masjid al-Quba - It was the first Masjid built and first Salatul Juma was recited.

The Battlefield of Khandaq - This is where the Prophet (s) on the advice of Salman Al Farsi dug a trench. the Muslims stayed here for 21 days.

Masjid al-Fatah - Situated in the hilltop it is where the Prophet (s) prayed for victory for the success of the Muslims in the Battle of Khandaq.

The Battlefield of Uhud - This is where the second battle of Islam took place. It is where Jibrail brought the sword Zulfiqar from the heavens for Imam Ali (a).

At all these places recite Ziyarat and 2 rakaat Salat. Your Hotel will get you a taxi to visit the above places. It is a day trip only although you can take your time and do it in two or three days.

Masjid al-Shajarah or Johfa (To put on Ihram)

Here you will perform your ghusl to wear Ihram. The **Niyyat** is of (5 intentions) as follows: I am doing Ghusal for Ihram of Umrae Mufridah, and for entry into Haram and for entry into Makkah, and for entry into Grand Mosque (Masjidul Haram), and for Tawaf of the Ka'ba, qurbatan ilallaah.

Du'aa after doing the ghusl of wearing Ihram: In the name of Allah and by Allah. O Allah! make it a light for me, a source of purification, protection and safety from every fear and a cure from every illness and sickness.

Recite 2 rakaat mustahab salaah for Ihram (Just like Fajr paryers)

Make **Niyyat** - I wear Ihram for Umrae Mufridah Sunnat Qurbatan Ilallaah³. After making the niyyat for Ihram recite the following Talbiyya:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لِأَشْرِيكَ
لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ، لَكَ
وَالْمُلْكَ، لِأَشْرِيكَ لَكَ.

Here I am, O Allah, Here I am,

There is no partner to you, Here I am.

Indeed the praises and bounties belong to you,

Yours is the Sovereignty, there is no partner to you here I am.

Talbiyya must be said in Arabic.

Now all the rules of being in the state of Ihram and becoming a Muhrim applies on you. 25 things become haram/forbidden on you after this.

Now travel to Makkah and then 'proceed to Masjidul Haram

Masjidul Haram (Ka'bah)

Du'aa when entering Masjidul Haram:

May peace, Mercy and Blessings of Allah be upon you O Rasul-Allah. In the name of Allah, and by what Allah wishes.

³ If someone had done a *nadhhar* (kept a vow) then the niyyat would be Waajib Qurbatan Ilallaah

Then say 3 times: O Allah! Free me from the fire.

Enter the Mosque and say: In the name of Allah and by Allah, O the religion of the Rasul of Allah peace be upon him and his family.

Look towards the Hajr al Awsad (Black Stone) raise both hands and say: Allahu Akbar, O Allah, send your blessings on Mohamad and his household. O Allah! Accept this from me. Start your Tawaaf from Hajarul Aswad with **Niyyat**: I perform Tawaaf of the Ka'bah in 7 rounds for Umrae Mufridah wājib qurbatan Ilallaah.

Remember to raise your right hand and say Allahu Akbar when you start and every time you reach Hajarul Aswad.

In order to keep track of your Tawaaf, separate your rounds by reciting seven different Dhikrs. Following is an example you may choose to recite as many times during each tawaaf:

Round 1 Ya Allah (recite in your mind all the way around)

Round 2 Ya Muhammad (recite in your mind all the way around)

Round 3 Ya Ali (recite in your mind all the way around)

Round 4 Ya Fatima (recite in your mind all the way around)

Round 5 Ya Hasan (recite in your mind all the way around)

Round 6 Ya Husayn (recite in your mind all the way around)

Round 7 Salawat (recite in your mind all the way around)

Please note: There are 9 wajibaat of Tawaaf:

1. You must be in the state of wudhū during the entire tawaaf
2. The tawaaf should start from Hajarul Aswad (do Niyyat then raise your right hand and say Allahu Akbar to begin your Tawaaf) The first round should start slightly before Hajar aswad to ensure that we have included a complete round.
3. It should end at Hajarul Aswad (The last round should end slightly after Hajar Aswad to ensure that one has completed the tawaaf)
4. The Ka'ba should always be on the left hand side
5. Hijr Ismail to be included in the tawaaf
6. There should be a total of 7 rounds; ensure to keep the count correctly.
7. They should be done consecutively, in sequence without long gaps.
8. The movement around the Ka'ba should be your own, not being pushed.
9. Not to touch the Ka'ba when doing Tawaaf

After Tawaaf recite Salatul Tawaaf as near as possible to Maqami Ibrahim (Please don't disturb others by blocking their Tawaf because you want to be as near to Maqami Ibrahim)

Niyyat: I pray 2 rakaat salaah for tawaaf of Umrae Mufridah waajib qurbatan IlAllah.

After Salaah recite the following: O Allah! Accept this from me, do not make it my last visit from me. All praise and all adoration be to Allah for all his blessings until the praises reach the level he loves and is pleased with. O Allah! send your blessings on Mohammad and his family. Accept my supplications and purify my heart and make my actions righteous,. O

Allah! Through my obedience you and your messenger, peace be upon him and his family, have mercy in me.

Go into Sajdah and recite the following: My face has prostrated to you in obedience and submission. There is no god but you, truly, truly, you are the foremost before everything and the last one after everything and I am here in front of you, my forehead is in front of you; so forgive me for I confess my sins against myself, no one can overlook the great sins apart from you.

Drink Zam Zam water as it is a healing and recite the following:

Make it of beneficial knowledge and vast sustenance and cure from every illness and sickness.

There is no special place to get zam zam water. So you can take it from the tap or water container which says that it contains zam zam water.

Proceed to do your Sa'ee. This is a walking between the hills of Safaa and Marwah 7 times beginning at Safaa and ending at Marwah.

Niyyat for Sa'ee: I walk between Safaa and Marwah seven times for Umrae Mufridah waajib Qurbatan Ilallaah. Before starting your first Sa'ee, face the Ka'ba from Safaa and recite the following 7 times: There is no God but Allah than recite 7 times Allahu Akbar now start to proceed to Marwa. Once you reach Marwah recite the following: O Allah! O One who has commanded through forgiveness, no one who loves forgiveness, no one who gives through forgiveness, I ask for forgiveness, forgiveness, forgiveness. (Recite this Dua for your first round and you don't need to recite for every round).

In order to keep count of your Sa'ee use the tawaaf method of rounds mentioned earlier.

Unlike in Tawaaf and Namaz of Tawaaf, wudu is not required for Sa'ee. However, it is highly recommended to be in the state of wudhu.

After completion of Sa'ee you are required to **Perform Taqseer** (Cutting a small portion of your hair or clipping of nails). **Niyyat:** I perform Taqseer for Umrae Mufridah Waajib Qurbatan Ilallaah (After Taqseer you are allowed to remove your Ihram and put on normal clothes, if you wish.)

Now do your Tawafun Nisa - Niyyat for Tawafun Nisa: I perform Tawaaf of the Ka'ba in 7 rounds for tawafun nisa, Umrae Mufridah waajib Qurbatan Ilallaah. (Ensure that you are in Wudhu)

Lastly do Salat of Tawafun Nisa - Niyya for salat after Tawafun Nisa: I pray 2 rakat salat for tawafun nisa, Umrae Mufridah Waajib Qurbatan ilallaah.

Your Umrae Mufridah is now complete.

Following are recommended Du'aas. You can do these during or after completing your Umrae Mufridah:

Face the door of Ka'ba, recite Salawat and the following:

Your needy person is asking from you; this poor beggar is at your door, so grant him Janna. O Allah! This is your house, your sacred sanctuary, I am your servant, in this is a position of one who seeks your protection and refuge from Jahannam, so free me, my parents, my family, my children and mu'mineen from the fire! O the most noble and generous one.

Face Hirj Ismail recite Salawat and the following:

O Allah! Grant me Heaven and through Your mercy protect me from the fire and keep me away from sickness, expand my Halal substance and remove the evil corruption of the Arabs and non Arabs from me.

Face the back wall recite Salawat and the following:

Processor of favors and power, O most Generous and Noble one, indeed my good acts are few so Increase them and accept them from me, for You are the Most Hearing, Most Knowing.

Face Rukn Yamani recite Salawat and the following:

O Allah, O Master of health and giver of health and bestower of blessings through health, grant benefits with health to me and to all your creatures; O most Merciful and Most Kind One of this world and the hereafter; send Your blessings to Mohammad and his Family, grant us complete health in it's perfect form and the ability to thank you for the health in this world and in the hereafter, O most Merciful of the Merciful ones.

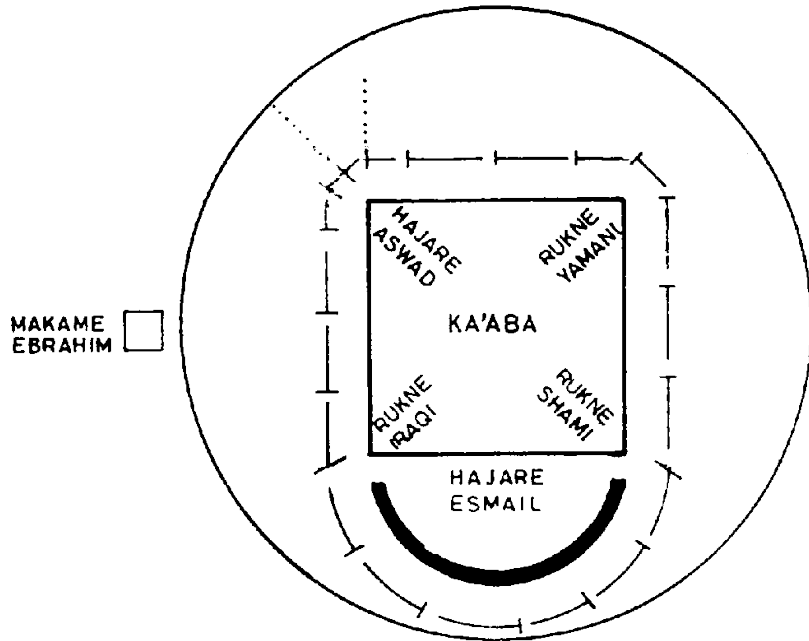
Face the front Wall recite Salawat and the following:

Praise be to Allah who has honored you and deemed you great, praise be to Allah who sent Mohammad as the prophet and made Ali the Imam. O Allah guide through him the best of your creatures and remove from him the evil of your creatures.

This Quick Guide was prepared in loving memory of my father Marhum GG Merali and was edited by Sheikh Hasanayn Kassamali.

Please forgive us if there is any shortfall or unintentional mistakes.

Let's pray for our loved ones, who are no longer with us.



**LABBAIK ALLA-HUMMA LABBAIK LA!!-
BAIK LAA SHARIKA LAKA LABBAIK INNAL
HAMDA WANNE'A MATA LAKA WAL-MULK
LA-SHARIKA LAKA LABBAIK**

MEEQAATS

